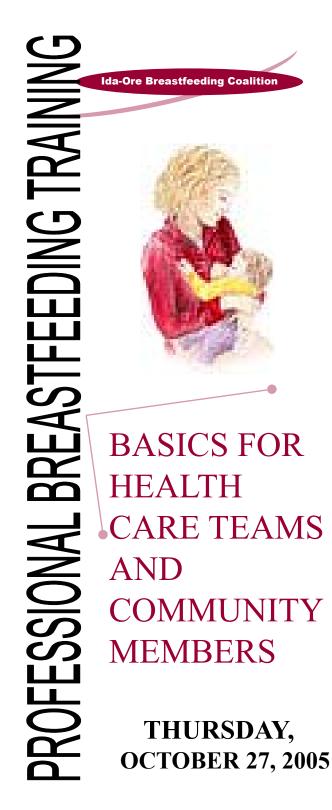
**Ida-Ore Breastfeeding** Coalition is your local coalition and is joining in a collaborative effort to establish a community wide breastfeeding referral system that provides consistent and accurate information to mothers, families, and health care teams.



Southwest District Health 920 Main Street Caldwell ID 83605



# **BREASTFEEDING WORKSHOP OBJECTIVES**

- Establish a consistent and coordinated message for breastfeeding education throughout the health care community.
- Develop and establish a breastfeeding network for continuity of care.
- Identify ways to avoid and relieve common breastfeeding problems.
- Recognize and resolve latch-on and positioning difficulties with breastfeeding.
- Identify the multiple health & social benefits for mothers, babies and families to breastfeed.
- Identify myths and barriers surrounding breastfeeding.



**Continuing Education Units (CEU)** are available for this conference.

### WHEN:

Thursday, October 27, 2005

8:30 a.m. to 3:00 p.m.

#### WHERE:

West Valley Medical Center (Kaley Medical **Training Center**)

Entrance: 10th Avenue & Logan

Owyhee Room

Caldwell, Idaho 83605		
AGENDA:		
8:30	Registration	
9:00	Introductions – Self Attachment	
9:10	Advantages of Breastfeeding	
Barbara Burri, RD, LD, LE**		
9:45	Properties of Breastmilk	
10:30	BREAK	
10:45	Breastfeeding Equipment	
	Maggie Garcia, LE**	
11:30	NETWORKING LUNCH	
12:15	Slides/video	
	Structure & function of lactating	
	breast	
	Ginny Gilbert, IBCLC*	
1:30	BREAK	
1:45	Latch, case studies, etc.	
	Durene Enrico, IBCLC*	

3:00 Wrap-up/Evaluation

Presented by members of Ida-Ore Breastfeeding Coalition

\*International Board Certified Lactation

Consultant (IBCLC)

\*\*Lactation Educator (LE)

### REGISTRATION

Name	
Address	
City	
State	Zip
Telephone	
Workplace	
Address	
Phone	

Space is limited. To secure space please return paid registration by:

## October 20, 2005

Registration Fee: Workshop \$50.00 Lunch Provided

Student Registration Fee: Workshop \$10.00

Late Registration \$60.00 Checks payable to: BestStart of SW Idaho

Mail to: Sue Coombs Southwest District Health 920 Main Street Caldwell ID 83605

### Ida-Ore Breastfeeding Coalition

Southwest District Health 920 Main Street

Sue Coombs 208 455-5343 Fax: 208 454-7722